



## FNC: Forest Frenzy

### What To Bring

- Sleeping Bag (or extra long twin sheets and blankets)
- Pillow
- Toothbrush
- Toothpaste
- Hairbrush/Comb
- Washcloth
- Bath Towel
- Travel Size Shampoo/Conditioner
- Body Soap
- 2 Changes of Clothes (long sleeve shirts/sweatshirts, pants, underwear, socks)
- Pajamas
- Flashlight
- Medications
- Warm Jacket
- Hat
- Gloves
- Snow pants (depending on weather)
- Scarf (depending on weather)
- Boots (depending on weather)
- Shoes
- Adults only: Smart Phone or Portable Computer