# **SEPTEMBER**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Iron a shirt.	Call to schedule a haircut.	Cook dinner for your family.	Confirm you have accommodations set up for taking the SAT.	Use and empty the vacuum cleaner.
Independently fold, hang up, and put away laundry.	Find out about financial aid forms for college or postsecondary training.	Call to schedule a doctor appointment.	Check/record messages on an answering machine or voicemail system.	Use a coin- operated machine (i.e., vending, gumball, laundry).
Balance a bank statement.	Join an after- school club, sport, or volunteer opportunity.	Describe personal reading media/aid preferences for specific subjects.	Schedule a ride via Uber or Lyft.	Treat a stain and launder clothing appropriately.
Independently use a hair dryer, curling iron, or flat iron.	Order a meal online or on the phone for delivery.	Create a menu for the week.	Clean the oven and stovetop.	Seniors: Create a list of tests, fees, and deadlines for college applications.

### **INSTRUCTIONS**

Choose at least three activities each week for your child to do as homework.

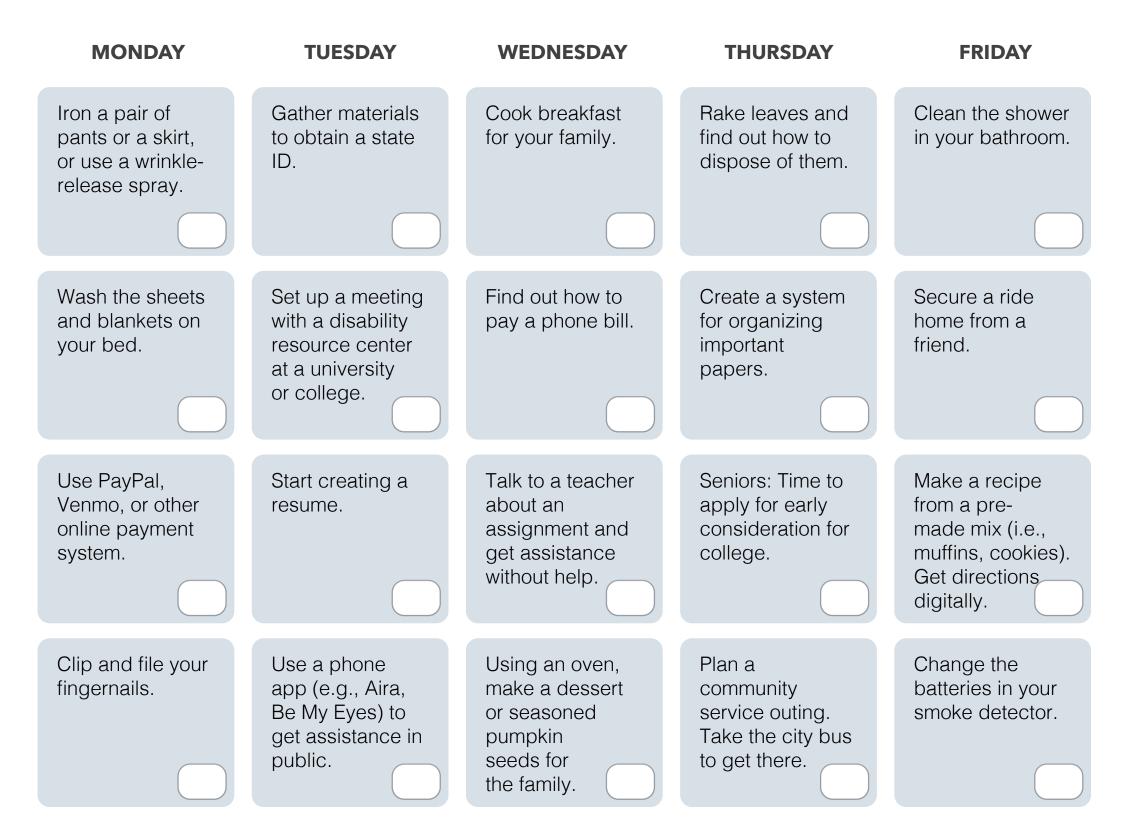
Check the square when an activity has been completed.

Please sign and return this sheet to the teacher at the end of the month.

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# OCTOBER



### **INSTRUCTIONS**

Choose at least three activities each week for your child to do as homework.

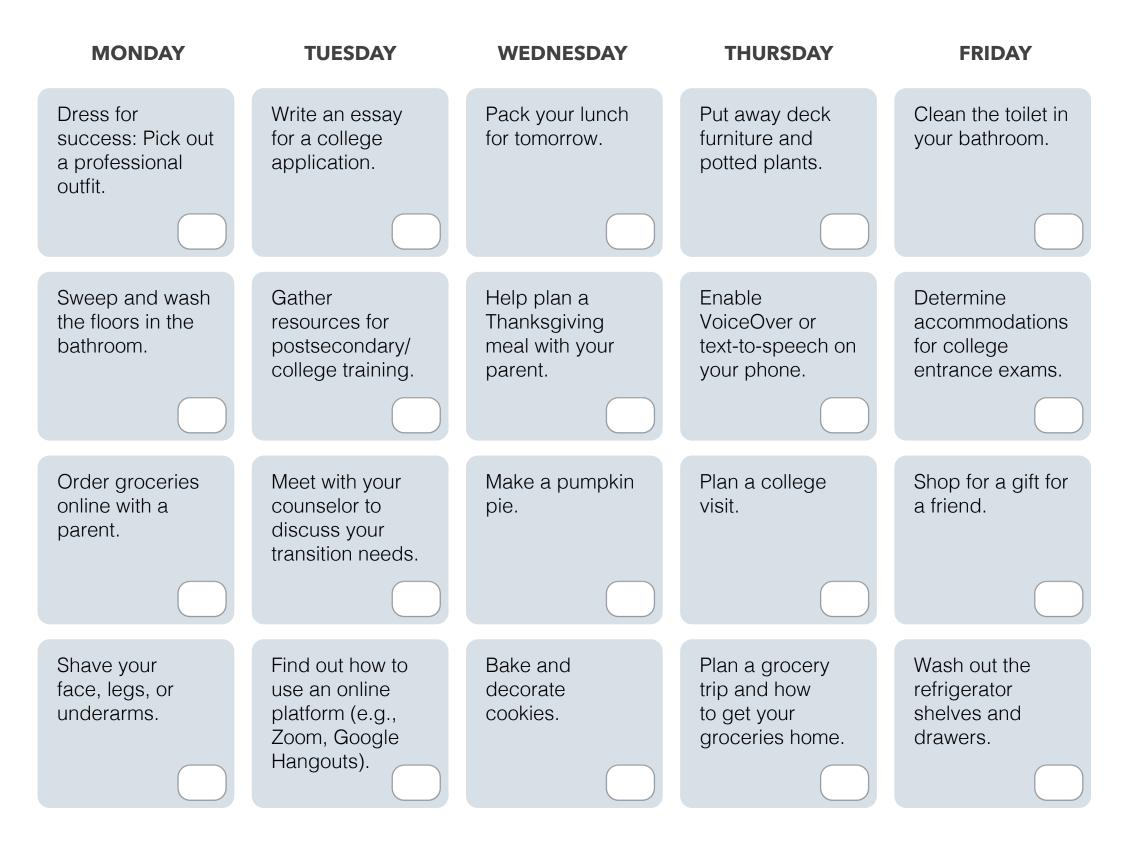
Check the square when an activity has been completed.

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### **NOVEMBER**



### **INSTRUCTIONS**

Choose at least three activities each week for your child to do as homework.

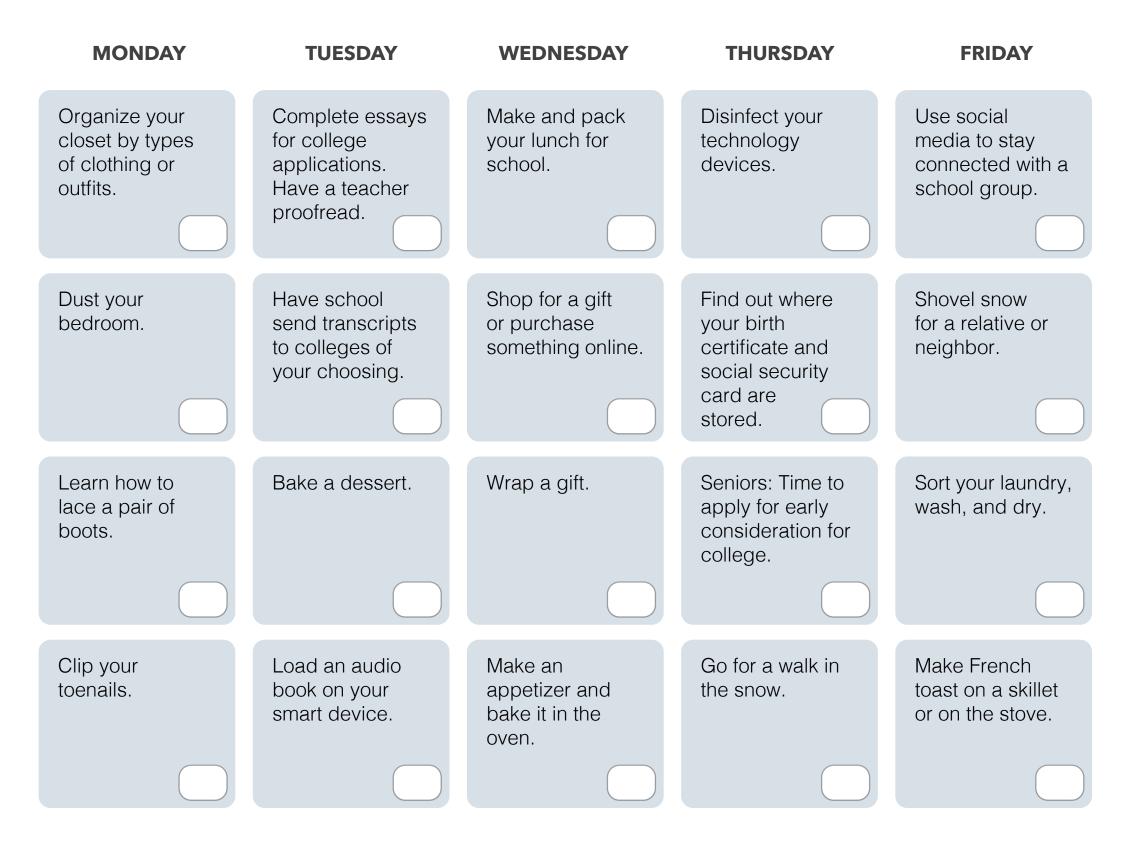
Check the square when an activity has been completed.

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## DECEMBER



### **INSTRUCTIONS**

Choose at least three activities each week for your child to do as homework.

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# JANUARY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Empty the dishwasher or put away clean dishes.	Mail a package at the post office.	Make a pot of soup.	Organize your folders and dispose of unnecessary files. `	Independently visit a friend or relative.
Load staples in a stapler.	Wipe the salt off your snow boots.	Shop for groceries, bring them home, carry them inside, and put them away.	Organize a pantry or cupboard so you can find food items.	Create a contact list in your phone or smart device.
Learn how to plunge a clogged toilet.	Seniors: Time to fill out a FAFSA application for financial aid.	Make a casserole.	Organize cords and chargers for technology devices.	Determine how to identify the contents of various cans in your cupboard.
Learn how to salt the driveway.	Make a playlist on your smart device.	Learn how to clean a cut and put on a bandage.	Go sledding with friends.	Dice vegetables to use in stew or soup.

### **INSTRUCTIONS**

Choose at least three activities each week for your child to do as homework.

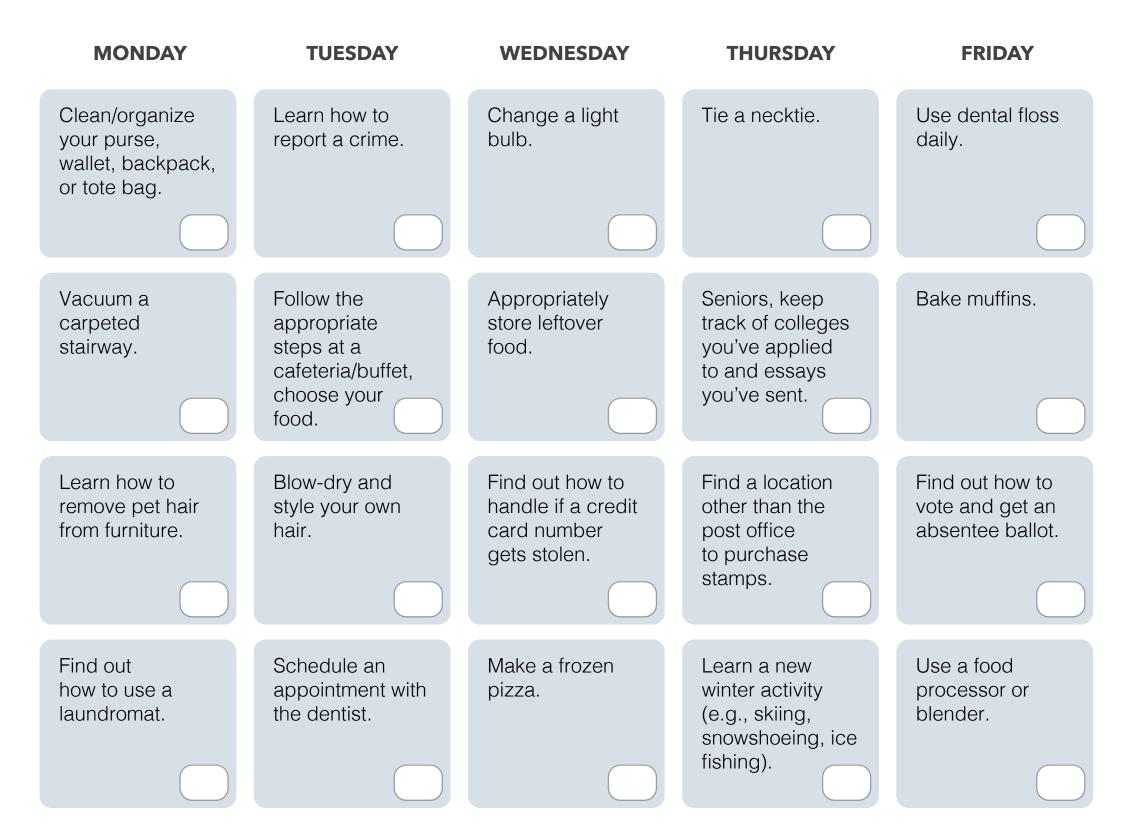
Check the square when an activity has been completed.

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# **FEBRUARY**



### **INSTRUCTIONS**

Choose at least three activities each week for your child to do as homework.

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# MARCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Find a slow cooker recipe online for a roast; peel the potatoes and carrots.	Describe how your eye condition impacts daily activities.	Bring the garbage can out to the curb for garbage pickup.	Return soda/pop cans to the store.	Set a personal goal and make a timeline for how you'll achieve it.
Find a list of extracurricular events in your school or community.	Help your family plan a trip and get the driving directions.	Bake a breakfast casserole.	Make and frost a cake.	Return something to the store that you purchased but do not want.
Sort your laundry, and then wash and dry it.	Schedule a hair appointment and plan how you'll get there.	Plan a garden or what you can plant in pots. Order or purchase seeds.	Sweep and mop the bathroom floor.	Change the sheets on your bed.
Use a GPS and set points of interest.	Check your personal and school email daily.	Role play a job interview.	Contact American Red Cross for a safety training.	Discuss laws, rules, and social behavior for a variety of locations.

### **INSTRUCTIONS**

Choose at least three activities each week for your child to do as homework.

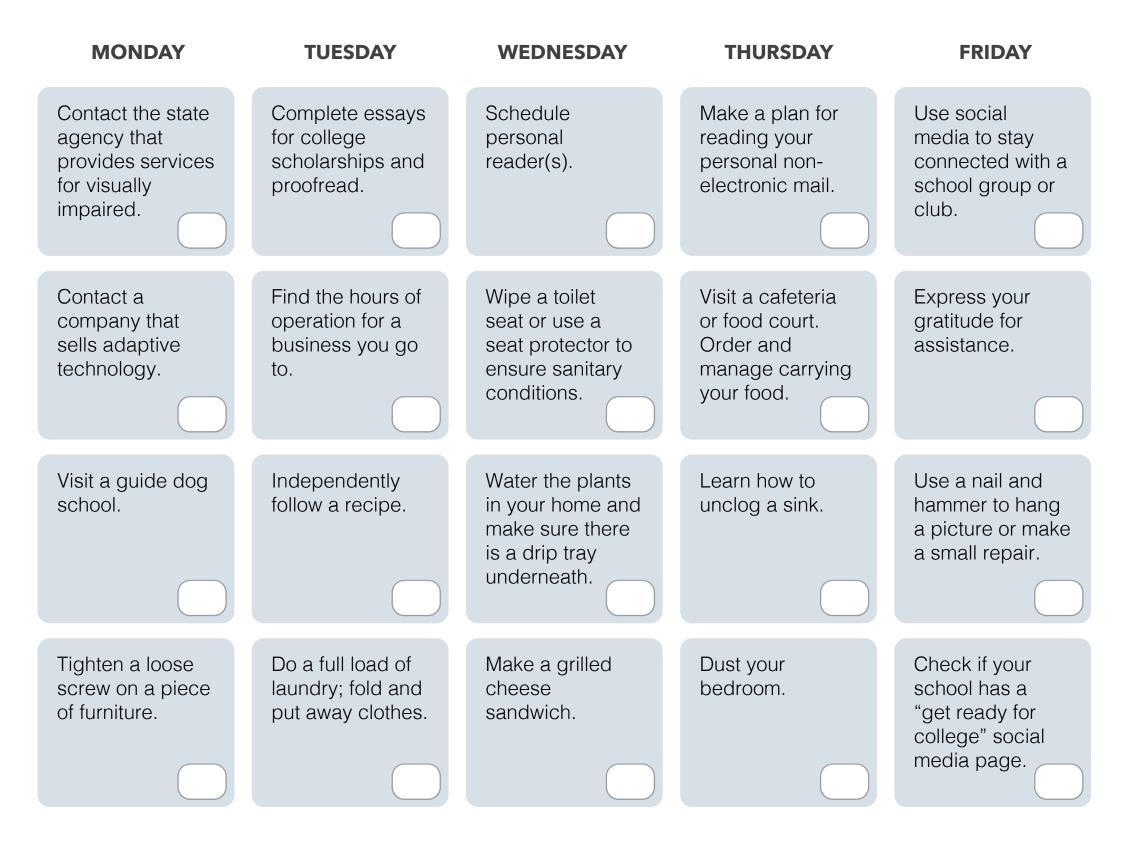
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### **APRIL**



### **INSTRUCTIONS**

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Check the square when an activity has been completed.

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## MAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Visit a dry- cleaner and find out the services they provide.	Purchase a graduation card for a friend.	Find out how to endorse a check. Use a signature guide if needed.	Organize a bathroom cabinet.	Replace toilet paper roll that has run out.
Check to see if your clothes fit for the summer.	Practice applying sunscreen (spray or lotion).	Learn how to use a fire extinguisher and find the expiration date.	Find out how to send in your technology devices for maintenance.	Learn how to refill medication prescriptions.
Review your emergency contact information.	Use a task list to prioritize your week.	Visit your bank and find out how to withdraw/ deposit funds.	Complete a job application.	Demonstrate how to use items in a first-aid kit.
Understand dangers that can occur on a date.	Inform others about your own impairment and related needs.	Determine location of a service desk at an unfamiliar store.	Order and pick up takeout food at a local restaurant.	Pick up a prescription at a pharmacy (with assistance, if needed).

### **INSTRUCTIONS**

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### **SUMMER**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Plan a college visit.	Find a part-time summer job.	Set up a subscription with National Library Service or free book service.	Research accessible apps to use on your phone or tablet.	Volunteer at a local food bank, shelter, or community event.
Gather supplies and wash the windows in the house.	Go fishing, kayaking, boating, or hiking.	Plan a trip to the beach. Use GPS to get there.	Call a friend and schedule a get together.	Practice phone keypad letter/number correspondence (2=ABC, 3=DEF, etc.)
Use an ATM with assistance.	Write a letter to new teachers about your accommodations.	Plan and go on a picnic. Make and pack the food.	Find an online fitness class or app.	Clean out your closet and organize your clothes.
Develop a budget for a future purchase.	Order a meal online or on the phone and schedule to be delivered.	Create a menu for the week.	Shop for clothing and have a clerk help you find an outfit.	Wash and cut up fruit for a fruit salad.

### **INSTRUCTIONS**

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